

# Stories from the CDSS *Legacy of Joy Society*

## DAVID MILLSTONE & SHEILA MORAN

**W**e each started country dancing in the early 1970s with Dudley Laufman, Sheila in Maine and David in New Hampshire. Music, song, and dance have been central to our lives for most of our adult lives. Over the decades, our involvement in these activities has included playing in a dance band, singing with Village Harmony, joining a longsword team, performing in the Hanover Christmas Revels, singing in a hospice chorus, and calling dances. David's calling and our travels were, in roughly equal parts, devoted to English country, contra and squares, and community/children/family dancing. We have developed friendships throughout North America and Europe as a result of our dance-related travels. Indeed, our dozen trips to the Czech Republic and surrounding countries all started with a CDSS connection.

We've each served on non-profit boards and understand the financial needs of such organizations. Doing good work requires sustained funding. When we developed our estate plans, leaving a bequest to CDSS was a no-



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*brainer. We're excited about the directions in which CDSS is moving and expect the organization to bring people of all ages together for generations to come.*



If you'd like to join the CDSS *Legacy of Joy*, fill out the online **Request to Join form** at <http://cdss.org/legacy> or call Robin Hayden at 413-203-5467 x107. CDSS will work with you to contribute a joyous photo, a zippy quote, and your own legacy story. Considering including CDSS in your estate plans but don't know where to begin or what your options are? Fill out the **Expression of Interest form** on the website.

*Photo by Nikki Herbst*