NEWMARKET

Play A then ABC etc. and finish with A.

A - d = 90  B/C - d = 100

Longways duple minor. In 2 parts each progressive.

Introduction – A music.

All honour presence R. and L. All up and back a double.
All honour partner R. and L. All up and back a double.
All set and turn single.

First Figure – A music.

A 1 – 2  1st couple cross over R. S. and face 2nd couple.

A 3 – 4  All turn single, man L. and woman R.

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A 5–8 1st man lead 2nd woman to woman’s wall and fall back while 1st woman leads 2nd man to man’s wall and fall back. (Finish close together partners facing)

A 9–12 All fall back and form rings of 4 and circle half way round. (1st couple now progressed and proper, 2nd couple improper.)

A 13–14 1st couple cross over R.H.

A 15–20 3 changes circular hey starting L.H. along the line.

Second Figure – B and C music.

B 1–4 1st couple cross over R.S. 1st man and 2nd woman give 2 hands and turn and move round the ring to finish proper facing up, while 1st woman and 2nd man turn 2 hands and move round to finish improper facing down, i.e. Women pivot and move the men round into each other’s places.

B 5–8 Women cross over R.S. and all turn single.

C 1–4 2nd couple half figure 8 (set now proper and progressed.)

C 5–8 All clap once and circle L.

Finish the dance by repeating the introduction.