SICILIAN DANCE

Source: Wilson's Companion to the Ballroom (1816)

The tune may be recognised as “Royal Albert” (C.D.M.7) with the exception that the ‘C’ music is not repeated. Wilson’s comments on the dance are as follows:-

“This popular and pretended new dance for 1816 called the Sicilian dance was La Mignonette Cottillion published about the year 1770 and only altered by putting 2 bars of “Kammells Rondo” at the conclusion of both strains, and to go still further the first strain is copied almost note for note from “The Happy Clown” published about 100 years ago.

Never mind the arguments — try the dance.
SICILIAN DANCE

Longways duple minor — Tune straight through A B C D

A
1st couple cross over and pass round 2nd couple to finish improper in the 2nd couple's place. 1st couple cross over again and pass round the next 2nd couple to finish proper and progressed two places.

B
1st couple set to 2nd couple above them and change places along the line, men R.S. ladies L.S. and ring of four once round to L. with their original 2nd couple. (1st couple are now in their correct progressed place.)

C
1st couple cross over R.S. and dance a figure eight round the two pairs of 2s along the line, man starting the figure eight L.S. round the lady of his original 2nd couple and finishing R.S. round the lady of the 2nd couple below him. Lady starts figure eight by passing L.S. round man of 2nd couple below her and finishes by passing R.S. round the man of her own 2nd couple.

D
1st man set R and L to his own 2nd lady twice while 1st lady sets to 2nd man below her. L.H. star once round with the 2nd couples, 1st man up and 1st lady down, to finish proper and progressed. The fourth member of each star is of course either the 1st man or 1st lady from the next group of four.

Note: The neutral couple at the top should cross over during A 1 – 4 and join in the dance at A5 as a 1st couple continuing as a 1st couple until B5 when to keep moving they can turn each other to the end of the B music. They will remain neutral throughout the C music. The neutral LADY will join in the D music by setting to the man below her and joining in the star.

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