

THREE FROM THE NORTH

Today a Northern style is recognized with a characteristic step "rant" - and a characteristic progression:

- B1. 1st couple lead down the middle, followed by the 2nd couple who make an arch for the 1st couple to pass under coming back up the set. Both couples dance back to places.
- B2. Both couples dance around each other once and a half (progression) - ballroom hold & ballroom direction.

7. DASHING WHITE SERGEANT

Music - the original, composed by Sir Henry Rowley Bishop in 1826.

Form: Long sets of 4 or 5 couples.

A1: 1st couple cross over, cast off one place on wrong side, turn partner with right hand & finish between 2nd couple all facing up.

A2: All four advance & retire twice, up the hall.

B1/B2: As above.

The well known threesome of the same name (Swing Partners p. 19) was first published as "La dance Florence" ("Scotland's Dances", H.A. Thurston)

8. POLKA COUNTRY DANCE

Music

Form: Long sets of 4 or 5 couples, duple improper. 1st couples have crossed over.

A1: 1st man steps to 2nd woman, then changes places with her while 1st woman & 2nd man do the same. (4 bars). Partners face, step & change places (4 bars)

A2: Carry on round square to places.

B1/B2 As above.

9. QUAKERS WIFE

Music

Form: Longways, duple proper.

A1: 4 bars stepping facing partner, then hands four to the left half round till man on woman's side.

A2: Repeat to place, circling to the right.

B1/B2 As above.