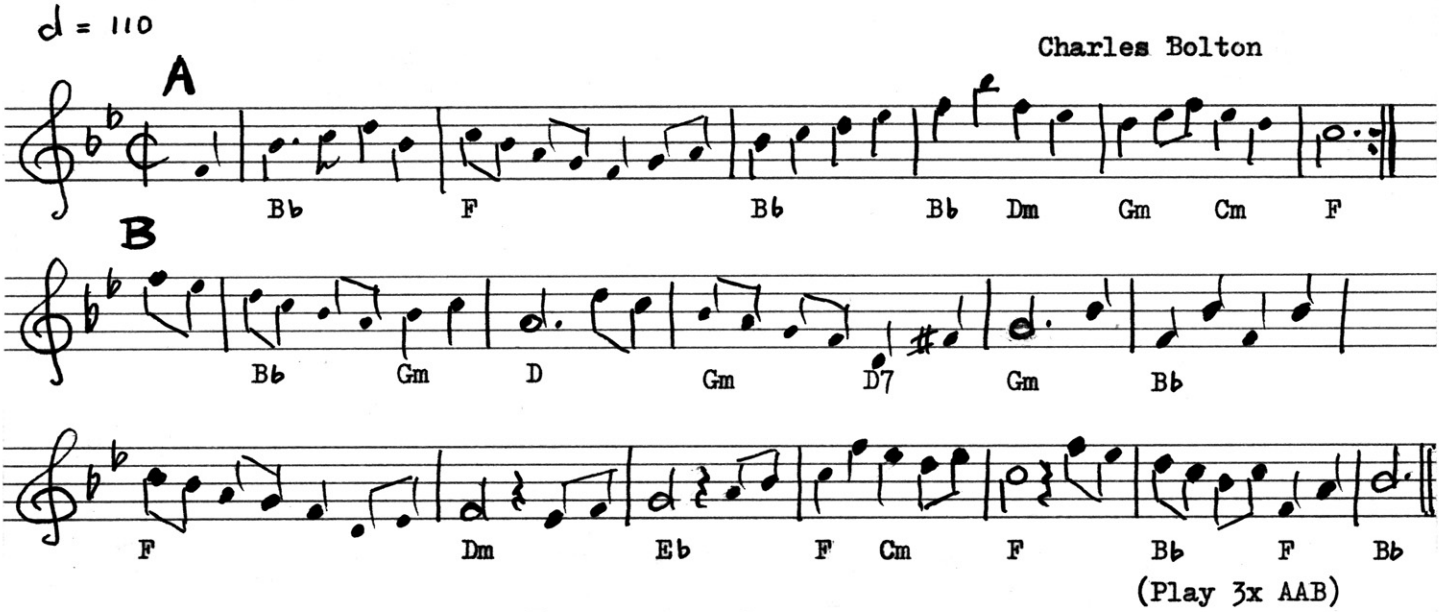
SIMPLE FOLK



Two-couple set

1st figure

A1 1-4 Ptns lead forward a double, acknowledge opposite, and fall back.
5-6 Men cast R, women L, to meet opposite (improper).
A2 1-4 Opposites lead forward a double, acknowledge ptn, and fall back.
5-6 Men cast L, women R, to meet ptn.

B 1-4 Ptns R hand turn 1½ times.
5-6 All face opposite and set R & L.
7-12 Circular hey, 3 changes, without hands, beginning opposite R.

2nd figure

A1 1-4 Ptns side. (Continuation of previous hey.) 5-6 As 1st figure.
A2 1-4 Opposites side. 5-6 As 1st figure.

B 1-4 Men pot hook R. (Men cross R into each other's places, and, without turning, fall straight back into ptn's place, women casting to ptn's place on 3-4.)
5-6 All cross R opposite and immediately turn again to face.
7-10 Women pot hook L. 11-12 All cross L opposite to place.

3rd figure

A1 1-4 Ptns arm R. 5-6 As 1st figure.
A2 1-4 Opposites arm L. 5-6 As 1st figure.

B 1-4 Opposites give hands; ½ poussette to change places, men pushing.
5-6 ½ circle L. 7-10 Ptns give hands and ½ poussette.
11-12 Drop hands and, still facing ptn, step R and honour.

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