

12. THE ELIXIR

or

Sixty years young

for Christine Bower

three-couple set

- A1 The top couple casts to the middle as the middles lead up (4): the bottom couple casts up to the middle as the middles lead down (4). The lines take hands: fall back a double and come forward (8).
- A2 Couple 2 (at the top) begin a steady chain (4 changes, 4 steps each) to the bottom of the set, starting by changing places with partner by the RH, facing down and changing with the middle couple by the LH as the bottom couple back to back partner and face up (8), completing the chain by changing with the bottom couple by the RH, and with partner by the LH, and turning L to face again, proper at the bottom as the new top couple back to back and face up (8). (order is 312)
- B1 The top two couples, facing up, half double figure 8 (tops casting, middles crossing up), and the tops cast out again to the ends of a line of four facing up, middles moving up to stand in middle place as couple 2, at the bottom, cross Lsh and move individually up the room to stand on the ends of the line of four to make a line of six (8). (from the L the line should be:- W2, W3, W1, M1, M3, M2). The line leads up, falls back, and all face the centre of the line (8).
- B2 Progressive grand chain: couple 1 start by changing by the RH in the middle of the line, LH to the next and so on. On reaching the end of the line, dancers move down individually on their own side to reform the set, the last couple crossing RH and standing in top place (12): all face down and turn single down and away (4).

(progression 231)

© Charles Bolton 9.10.99

The elixir

Steady ♩ = 95-100

Charles Bolton

A1

B1

B2

(play 3x)

© Charles Bolton (1999)

*I wrote this dance
as a special present for Chris,
and it was first performed
in her honour
at the party given to celebrate her birthday*