

THE OPTIMIST

Charles Bolton

♩. = 110

A

B

(Play 4x AABB)

4-couple longways set, men with partners i.e. W4 M4 W3 M3
 on their right, facing another couple. M1 W1 M2 W2

- A1 1-4 All back to back ptn R.
 5-8 Ends back to back L, while middles backwards back to back on line, beginning R.
- A2 Middles (W1 & M4, and M2 & W3) move behind ptn, round end of set, passing R, and, women turning R, men L, dance 1/2 fig 8 through their nearest end, ending in position. (Ends act as posts.)
- B1 1-4 Taking inside hand ptn, all set R & L, and chassay 2 steps R,
 5-8 Couples 1 & 3, who are now facing, 1/2 circle R and turn single R, while couples 2 & 4 courtesy turn. (Keeping inside hand, men bring their ptns round as they backtrack.)
- B2 1-4 Taking inside hand ptn, all set L & R, and chassay 2 steps L.
 5-8 Couples 3 & 4, and couples 1 & 2, who are now facing, 1/2 circle L in their fours and turn single L.

All have progressed one place anti-clockwise.

Repeat 3 times.

